

## Important Skills for Youth

### 1. Self-Awareness

- Confidence
- Mindfulness
- Self-care
- Trust
- Respect
- Humility

### 2. Self-Management

- Motivation
- Dedication/Perseverance
- Time Management
- Organization
- Patience
- Open-mindedness
- Self-care
- Focus

### 3. Responsible Decision-Making

- Dedication
- Problem-solving
- Self-care
- Organization
- Time Management
- Communication
- Assertiveness

### 4. Social Awareness

- Patience
- Mindfulness
- Open-mindedness
- Empathy

### 5. Relationship Building

- Patience
- Empathy
- Communication
- Trust
- Networking
- Humility
- Respect
- Conflict Resolution